# GUIDE TO THE USE OF PAIN RELIEF IN THE GRASS-FED BEEF CATTLE SECTOR

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The information contained in this document does not constitute advice and in no way replaces advice from a veterinary practitioner.

Schedule 4 pain-relief compounds are only available from a vet. If intending to use S4 products on cattle, producers must have consulted with a veterinarian.

Pain relief is not a replacement for good animal welfare practice as described in the Animal Welfare Standards and Guidelines for Cattle. Surgical procedures can also be replaced with non-surgical options, where practical, and can have wider benefits for producers, such as cost savings.

Prepared by Cattle Council of Australia with support from Meat & Livestock Australia.



### **PURPOSE OF THIS DOCUMENT**

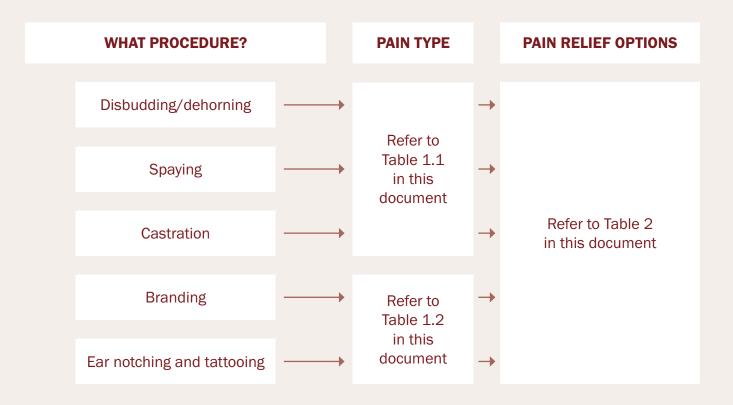
This document is presented as a **guide only** for producers considering the use of pain relief when conducting certain aversive procedures on their cattle as part of routine management.

### WHY NOW?

Producers' access to registered pain-relief compounds has recently improved. Each compound has a different purpose, so it is important to match the planned procedure with the most relevant compound or combination of compounds. If in doubt, veterinarians are best placed to advise.

### IS PAIN RELIEF COMPULSORY?

Animal Welfare Standards for Cattle are being regulated progressively by state/territory governments. When regulated within a state or territory, the use of pain relief **will be** compulsory for castration and dehorning of animals above certain ages – for details see the *Animal Welfare Standards and Guidelines for Cattle (Standards 6.2 and 6.4)*. Producers are encouraged to consider pain relief for aversive procedures on all their cattle.





**Table 1.1 – Surgical procedures and pain types** 

PROCEDURE	LIKELY PAIN TYPE	PAIN-RELIEF OPTIONS (see Table 2 for details)
Disbudding/ dehorning	<ul> <li>Immediate (Phasic), due to nerve damage at the site of injury AND</li> <li>Inflammatory (Tonic), slightly slower onset, longer duration AND</li> <li>Long-lasting (Chronic) (&lt; 6 weeks), inflammatory or neuropathic</li> </ul>	<ul> <li>Multi-modal using local anaesthetic PLUS longer-acting Non-Steroidal Anti-inflammatory Drugs (NSAIDs)<sup>1</sup></li> <li>If using Tri-solfen® as the local anaesthetic, ensure proper adhesion of the spray to the wound</li> <li>If done at marking, would be covered by the NSAID administered for other procedures</li> </ul>
Castration	<ul> <li>Immediate (Phasic), due to nerve damage at the site of injury AND</li> <li>Inflammatory (Tonic), slightly slower onset, longer duration AND</li> <li>Long-lasting (Chronic) (&lt; 6 weeks), inflammatory or neuropathic</li> </ul>	<ul> <li>Multi-modal using local anaesthetic (Tri-solfen®) PLUS longer-acting NSAID</li> <li>If done at marking, would be covered by the NSAID administered for other procedures</li> </ul>
Spaying (Dropped Ovary Technique)	<ul> <li>Immediate (Phasic), due to nerve damage at the site of injury AND</li> <li>Inflammatory (Tonic), slightly slower onset, longer duration AND</li> <li>Long-lasting (Chronic) (&lt; 6 weeks), inflammatory or neuropathic</li> </ul>	<ul> <li>Long-acting NSAID</li> <li>Tri-solfen® must not be used internally (e.g., when spaying using the dropped ovary technique)</li> </ul>

# Table 1.2 - Minor procedures that benefit from being undertaken at the same time as surgical procedures

PROCEDURE	LIKELY PAIN TYPE	PAIN-RELIEF OPTIONS (see Table 2 for details)
Fire branding	<ul> <li>Immediate (Phasic), due to nerve damage at the site of injury AND</li> <li>Inflammatory (Tonic), slightly slower onset, longer duration</li> </ul>	<ul> <li>NSAID</li> <li>If done at marking, would be covered by the NSAID administered for other procedures</li> </ul>
Freeze branding	Inflammatory (Tonic), slightly slower onset, longer duration	<ul> <li>NSAID</li> <li>If done at marking, would be covered by the NSAID administered for other procedures</li> </ul>
Ear Notching and tattooing	<ul> <li>Immediate (Phasic), due to nerve damage at the site of injury AND</li> <li>Inflammatory (Tonic), slightly slower onset, longer duration</li> </ul>	<ul> <li>NSAID</li> <li>If done at marking, would be covered by the NSAID administered for other procedures</li> </ul>

<sup>&</sup>lt;sup>1</sup> NSAIDs are analgesics that reduce pain by suppressing inflammation. They do not totally block (anaesthetise) pain.



## Table 2 - Summary table of pain-relief products

PAIN RELIEF OPTIONS	SOURCE	WHP/ESI <sup>2</sup>	INDICATIVE COST <sup>3</sup>	COMMENTS
Local anaesthetic  Tri-Solfen® <sup>4,5</sup> for openwound spray-on (after the injury)	S5 Over the counter	WHP 90 days ESI 90 days	\$2.30 plus GST  Depends on number of sites treated	<ul> <li>Depletion trials have not been done so default WHP and ESI of 90 days apply</li> <li>Topical spray contains anaesthetic to reduce pain and adrenaline to reduce blood loss</li> <li>Almost-immediate effect</li> <li>24-hour relief</li> </ul>
Lignocaine for nerve block injection(s) (before the procedure	S4 Vet only	WHP nil ESI not established	Highly variable, depends on vet's costs, type of procedure, retail mark-up, etc.	<ul> <li>Almost-immediate effect</li> <li>Residue depletion work yet to be done</li> <li>Must be administered by a veterinarian</li> </ul>
Non-Steroidal Anti- inflammatory Drugs (NSAIDs) <sup>6</sup> – 33 in total, as follows:  • Meloxicam Buccalgesic®   (cheek pouch gel) and   Metacam® (injection), +10   other registered products  • Flunixin   (13 registered products)  • Ketoprofen   (5 registered products)  • Tolfenamic acid   (3 registered products)	S4 Vet prescription	WHP 11-14 days ESI 17-21 days Products vary – read the label and seek veterinary advice	Buccalgesic®, \$4.30 plus GST Metacam®, \$5.50-6.50 plus GST Others?	<ul> <li>10-15 minutes to take effect</li> <li>Effective 1-8 hours (pain relief benefits up to 3 days)</li> <li>Prescription remedies – available from/through veterinarians<sup>7</sup></li> <li>Some label claims are procedure-specific</li> <li>Buccalgesic® is administered as a gel into the cheek cavity – more suitable for young cattle</li> <li>Metacam® is applied as a subcutaneous injection</li> <li>Can be given before or during the procedure</li> <li>NSAIDs do not lead to anaesthesia (loss of feeling)</li> </ul>

<sup>&</sup>lt;sup>2</sup> For the beef industry, most pain relief would be administered to calves at marking, meaning WHPs and ESIs may have little relevance if the calves are retained for grow-out. However, risks of non-compliance rise significantly when treating weaners, vealers and adult cattle, particularly when the animals are being grown for the local or overseas slaughter market.

<sup>&</sup>lt;sup>3</sup> Calculated on a 160-200kg weaner using recommended doses. Subject to change.

<sup>&</sup>lt;sup>4</sup> Registered for dehorning/disbudding and castration of calves.

<sup>&</sup>lt;sup>5</sup> Tri-Solfen® contains lignocaine (40.6 g/L), bupivacaine (4.2 g/L), cetrimide (5 g/L) and adrenaline (24.8 mg/L) in a gel base and is applied to wound surfaces during or immediately following painful procedures, using a spray applicator, where it is absorbed at the site of injury for provision of local anaesthesia and enhanced wound healing

<sup>&</sup>lt;sup>6</sup> NSAIDs are analgesics that reduce pain by suppressing inflammation. They do not totally block (anaesthetise) pain.

<sup>&</sup>lt;sup>7</sup> It is important for lay operators to develop a business relationship with local vets, providing the vet with a high level of confidence regarding responsible use of the product.